

COVID-19:

WHAT YOU NEED TO KNOW

WHAT ARE THE SYMPTOMS OF COVID-19?

- It takes about 2-14 days for symptoms to start.
- The virus is spread in little drops of saliva through touching or breathing the tiny drops. It can be spread even before symptoms show.
- The symptoms are fever, cough, sore throat, shortness of breath.
- Wash you hands, cover your cough, stay at home.



WHAT SHOULD I DO IF I THINK I HAVE COVID-19?

- **First, call us at (773) 751-7800.**
- The virus spreads easily. If you have the virus you might get others sick and we want to protect everyone.
- Most COVID-19 appointments will be scheduled over the phone or video, this is known as TeleHealth
- **Stay at home.** Keep 6 feet between you and other people and pets.
- Do not go to the hospital's emergency room, unless your doctor tells you.



CAN I GET TESTED FOR COVID-19?

- Currently, tests are limited and are for people at high risk of getting COVID-19. We are following testing guidance from the state.
- Call us at (773) 751-7800, our staff will ask you questions to see when you can come in.
- Separate yourself from people and pets while you wait for the results.
- The test itself is free, regardless of insurance or immigration status.
 - The usual payment for the visit will still apply.



HOW DO I GET TREATMENT IF I HAVE COVID-19?

- Please follow the instructions your doctor gives you.
- People with mild symptoms can recover at home.
- Call 911 if you are having trouble breathing,
- If you need to go to the hospital, you will receive treatment regardless of insurance or immigration status.
- If you are an immigrant concerned about public charge, you will not be penalized for receiving treatment for COVID-19.



We are still available for your regular healthcare needs

Call (773) 751-7800 if you have fever, cough or sore throat
For more information, visit: heartlandhealthcenters.org/coronavirus